

Limestone County Youth Basketball RULES

Revised 9-11-23

GENERAL RULES

1. Playing age will be determined on **August 1st** each year.
2. Birth certificate must be provided for each player. Coaches are to keep their teams birth certificates with them and must have them present on game day in the event of a protest.
3. Home school players must provide proof of residency and are eligible to play for teams in the school district they reside.
4. Rosters, birth certificates, and proof of residency (for home school players) will be verified by commissioners before the start of season. Once rosters are verified then all teams and players are eligible. It is the coach's responsibility to keep a copy of their official roster and each player's birth certificates for their team and must be able to provide ALL documentation on game days in the event of a protest. It is the responsibility of each school's commissioner to turn in to the President each team's official roster when it is due. If there is a protest, the President must/will have a copy of each team's roster. The Rosters for each team turned in to the President will be the Official Roster for that team. This is Mandatory, no exceptions. If a team fails to turn in their Roster when it is due, that team may possibly take a forfeit for each game and may not be eligible to play in the end of season tournament.
- * If a coach wants to protest, he/she must protest before the game starts with the officials, the opposing coach and the person in charge of the gym that day at the score table. Please notify the president by call/text immediately. Go ahead and play the game and the President will review the protest and contact all parties involved before making a decision. Once a decision has been made on the protest all parties involved will be contacted.
5. Maximum late time will be 5 minutes with a forfeit if later.
6. All coaches are encouraged to play all players especially in the regular season.
7. A team with only 4 players will be allowed to play.
8. Each team has three full (1 minute) and two half (30 second) time outs per game. (NOTE ONLY 1 TIME OUT DURING OVERTIME)
9. Time outs will be for 1 minute with buzzer sounding at 45 seconds.

10. Five-minute half time with visiting cheerleaders performing first two minutes and home cheerleaders next two minutes.
11. Five minutes between games.
12. Home team cleans gym.
- 13. Admission will be \$3 for adults, and \$2 for students. (Under 5 free.)**
- It is up to each School if they will honor the “Gold Card” for admissions.**
14. Free admission to coaches, players, one bookkeeper, one cheerleader coach, and cheerleaders per team.
15. Un-sportsmanlike conduct will not be tolerated from any player, coach, or fan. There will be a zero tolerance for coaches found guilty of unsportsmanlike conduct. Coaches will be suspended indefinitely if found guilty.
16. All forms of tobacco and alcohol are banned from school property by state law.
17. Any player who spends the season on a junior high school roster cannot be added to a roster at the end of the season.
18. Only one time out in overtime per team.
19. 5-6 coed will use a 27.5 ball all other age group use 28.5 except 11-12 boys use 29.5
20. Goals scored outside 3-point line will count 3 points.
21. County tournament brackets will follow the following guidelines:
 - a. 12 or fewer teams participating, host school has option for single or double elimination tournament
 - b. 13 or greater teams participating, host school must have single elimination tournament

Player Eligibility

Each player must fit into one of 7 divisions

5-6 Coed

8U Girls

7/8 Boys

10U Girls

9/10 Boys

12U Girls

11/12 Boys

- Player's playing age is determined by his/her age on August 1st.
- **7th graders may play in 11/12 or 12u regardless of age if player did not make school team and wish to tryout their 8th grade year. 8th graders are not permitted**
 - A player can play above his age level but not below
 - Team Rosters are required
- No Player can be added to a team roster without board approval
- If a team falls below 6 players on a temporary basis, then a player can be added from the division below (staying within gender), as long as the team they are playing is notified.
- If a team falls below 6 players on a permanent basis or for an extended period of time, they can request a county board vote to add a player.
 - Player must be known at time of vote.
 - The player and team must meet all other requirements listed here.
- Any player falling within these ages and attending a Limestone County School is eligible.
 - That player must play for the school they attend or its partner school or get permission from that program to play at another program.
 - A player who has gotten permission to play in another program must provide proof at time of sign-ups.
- Any player not attending a Limestone County School and fitting in these age groups may play at a member school.
 - If the player lives in a Limestone County school district they must play at that school or obtain permission to play at another school.
- No team can have more than 1 player that don't attend either that school.
- An associate team can be added to the league under the following provisions.
 - They follow all other rules of eligibility listed here.

- They show to the satisfaction of the County Board they held open sign ups and took all eligible kids that signed up.
 - Must purchase Insurance.

Only one coach may stand up during a game at a time. All other coaches must remain seated.